Name: $\qquad$

1 Match the containers (1-6) with the type of food (a-g).

| 0 a bottle of | e |
| :--- | :--- |
| $\mathbf{1}$ a can of chocolate |  |
| 2 a loaf of | b cola |
| $\mathbf{3}$ a bar of | c yoghurt |
| 4 a bowl of | d biscuits |
| 5 a packet of | f mineral water |
| 6 a carton of | g salad |

2 Write each word(s) below in the correct column and then add two more words to each category.


3 Write in the missing letters to complete the words in each sentence.

0 Fas $\underline{f}$ food is not good for you.
1 Sweets contain a lot of __ $\mathrm{g}_{--}$.
2 Exercise helps you to I__ weight.
3 Vegetables are important for a _e__ h_ diet.

4 Rewrite the sentences using should, shouldn't, must or mustn't. Do not change the meaning of the original sentences.

0 It's very important that you warm up before your football match.
You must warm up before your football match.
1 One of the rules in our school is: 'Don't use your mobile phone in class.'
In our school you $\qquad$ .
2 It's a good idea to go to bed early on a school night.
You $\qquad$ .
3 It's very important to listen to your teachers.
You $\qquad$ .
4 It's not a good idea to watch so much TV.
You $\qquad$ .
5 It's very important not to miss breakfast. You $\qquad$ .

5 Choose the best answer $\mathrm{a}, \mathrm{b}$ or c to complete the sentences.

0 I can see $\qquad$ girl and two boys.
a - (b) cthe
1 We usually have $\qquad$ dinner at 6 o'clock.
$\mathbf{a}$ - ba cthe
2 What are you going to do in $\qquad$ evening?
$\mathbf{a}$ - $\quad \mathbf{b} \mathbf{a} \quad \mathbf{c}$ the
3 My father is $\qquad$ accountant.
a-ba can
4 I don't like eating $\qquad$ meat.
a-ba cthe
5 My best friend drinks $\qquad$ lot of lemonade.
$\mathbf{a}$ - $\quad \mathbf{b} \mathbf{a} \quad \mathbf{c}$ the
6 $\qquad$ English people often talk about the weather.
a-bA cThe

Score: $\qquad$ /20 marks

